



COMMISSIONERS COURT COMMUNICATION

REFERENCE NUMBER _____

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DATE: 09/05/2023

**SUBJECT: APPROVAL OF FISCAL YEAR 2024 CONTRACT RENEWAL
BETWEEN TARRANT COUNTY AND MHMR OF TARRANT
COUNTY FOR THE PROVISION OF CHILD ADOLESCENT
TRAINING IN EVIDENCE-BASED PSYCHOTHERAPY PROGRAM
SERVICES**

***** CONSENT AGENDA *****

COMMISSIONERS COURT ACTION REQUESTED

It is requested that the Commissioners Court approve the FY 2024 contract renewal between Tarrant County and MHMR of Tarrant County (MHMRTC) for the provision of Child Adolescent Training in Evidence-Based Psychotherapy (CATIE) Program services to youth referred to Tarrant County Juvenile Services (TCJS).

BACKGROUND

The REACH Institute developed the CATIE Program which focuses on the use of cognitive behavior therapy (CBT). REACH offers four (4) CATIE treatment modules, each focusing on the use of CBT to treat one common pediatric mental health condition: anxiety, depression, disruptive behaviors, and post-traumatic stress. Each of the four (4) treatments consists of an eight (8) to twelve (12) session intervention that is easily adaptable to various clinical situations. The interventions emphasize coping strategies, problem-solving, parenting, family communication, cognitive restructuring, and more.

On August 2, 2022, the Commissioners Court, through Court Order #138715, approved a contract with MHMRTC to provide CATIE program services to youth and families referred to TCJS. Through this contract, trained clinicians provide intervention sessions based on the above four (4) treatment modules, provide assessments and assist probation officers with supervising youth and families referred to TCJS.

If approved, services will continue to be provided for the contract term of September 1, 2023 through August 31, 2024. The contracted amount for FY 2024 is not to exceed \$458,660.00.

This contract has been reviewed as to form by the Criminal District Attorney's Office and approved by the Tarrant County Juvenile Board at the July 19, 2023, Board meeting.

FISCAL IMPACT

Funding in the amount of \$458,660.00 is available in grant account 569011/Grant-2004/P0021-2024/2610530000.

SUBMITTED BY:	Juvenile Services	PREPARED BY: APPROVED BY:	Christina Mayo Christina Mayo
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