



COMMISSIONERS COURT  
COMMUNICATION

REFERENCE NUMBER \_\_\_\_\_

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DATE: 07/18/2023

**SUBJECT: BID NO. 2022-176 - ANNUAL CONTRACT FOR FITNESS CLASSES AND PERSONAL TRAINER SESSIONS - HUMAN RESOURCES - MIND BODY PLAY PLLC - EXERCISE FIRST AND FINAL OPTION FOR RENEWAL - SAME FIRM FIXED PRICES**

**\*\*\* CONSENT AGENDA \*\*\***

**COMMISSIONERS COURT ACTION REQUESTED**

It is requested that the Commissioners Court approve renewal of Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for the first and final optional twelve (12) month period at the same firm fixed prices.

**BACKGROUND**

On August 30, 2022, the Commissioners Court, through Court Order #138973, awarded Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for Human Resources, to Mind Body Play PLLC.

The award was based upon low bid meeting specifications and contained an option to renew for one (1) additional twelve (12) month period.

The vendor notified Purchasing in writing that their prices will remain firm through September 30, 2024. Human Resources notified Purchasing in writing that they are pleased with the vendor and want to renew.

The vendor provides eleven (11) group fitness classes and four (4) personal training sessions weekly across three (3) County locations (Public Health, Plaza Building, and Resource Connection), which are open to any County employee. Classes consist of strength training, Zumba, yoga, and circuit training. All instructors through the vendor are certified through an accrediting body, equivalent to the industry standard set by the American College of Sports Medicine. Through FY 2023, the average attendance was 11.45 participants.

Therefore, it is the joint recommendation of Human Resources and Purchasing that the Commissioners Court approve renewal of Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for another twelve (12) month period.

**FISCAL IMPACT**

Expenses for last year were approximately \$59,390.00. The County's future costs will be determined by the services provided on an as-needed basis. Funding is available in account 579062/T0500-2023/1914900000.

SUBMITTED BY:	Purchasing	PREPARED BY: APPROVED BY:	Emily Salter Chris Lax, CPSM, CPSD, CPCP
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