

## **Proclamation**

### **Chiropractic Health Month**

**WHEREAS**, approximately 20 percent of adults in the United States – one in five – experience chronic pain lasting more than three months; and

**WHEREAS**, new cases of chronic pain occur more frequently among adults than new cases of any other common chronic conditions such as diabetes and high blood pressure; and

**WHEREAS**, musculoskeletal conditions, a common cause of chronic pain in the U.S., are the result of more than 130 million healthcare visits annually, making these conditions the primary reason cause of physician visits; and

**WHEREAS**, low back pain, a leading reason for prescribed opioids, ranks among the most common forms of chronic pain with the number of people worldwide living with this condition projected to increase by 36% to 843 million over the next 30 years; and

**WHEREAS**, according to the Centers for Disease Control and Prevention (CDC), one in four patients who receive recurring prescription opioids for non-cancer pain struggle with addiction; and

**WHEREAS**, The American College of Physicians' low-back pain treatment guidelines promote the use of non-invasive, non-drug approaches such as spinal manipulation as a first line of defense against back pain before the use of pain medications and surgery; and

**WHEREAS**, CDC's 2022 Clinical Practice Guideline for Prescribing Opioids promotes "diverse approaches and varied pain management solutions" and specifically encourages the use of non-opioid/non-pharmacological therapies as a first line of treatment against subacute and chronic pain; and

**WHEREAS**, Doctors of Chiropractic play a key role in helping patients manage pain and lessen their reliance on prescription pain medications with evidence-based, patient-centered non-drug approach; and

**WHEREAS**, with the theme "Chiropractic: Relieve, Restore, Resume," National Chiropractic Health Month 2023 reminds citizens of Tarrant County, Texas that non-drug treatments for low back, neck, and joint pain such as spinal manipulation and other chiropractic services, can help relieve pain and restore joint function, helping people to resume their lives and the activities that matter most.

**NOW, THEREFORE, BE IT RESOLVED** that we the Commissioners Court of Tarrant County, do hereby proclaim the month of October 2023 as Chiropractic Health Month in Tarrant County and hereby join with the American Chiropractic Association (ACA), Texas Chiropractic Association (TCA) and Parker University in its proclamation and recognition of Chiropractic Health Month.

**IN WITNESS WHEREOF**, we have hereunto set our hands and caused the Seal of Tarrant County to be affixed this 17th day of October 2023.