

PROCLAMATION
Mental Health Awareness Month
May 2024

WHEREAS, during Mental Health Awareness Month, we honor the absolute courage of the tens of millions of Americans living with mental health conditions, and we celebrate the loved ones and mental health professionals who support them every day; and

WHEREAS, all Americans face challenges in life that can impact their mental health; and

WHEREAS, millions of adults and children are disabled by mental illnesses every year and only one out of two people with a serious form of mental illness seek treatment for his or her mental illness; and

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full and productive lives if given the necessary services and support in their communities; and

WHEREAS, each community shares the burden of addressing mental health and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, BE IT RESOLVED, that we, the Commissioners Court of Tarrant County, do hereby proclaim May 2024 as Mental Health Awareness Month in Tarrant County and call upon the citizens, governmental agencies, public and private institutions to increase awareness and understanding of mental health and join in activities to take action to strengthen mental health in our communities and our Nation.

IN WITNESS WHEREOF, we have hereunto set our hands and caused the Seal of Tarrant County to be affixed this 7th day of May 2024.