



COMMISSIONERS COURT  
COMMUNICATION

REFERENCE NUMBER \_\_\_\_\_

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DATE: 08/20/2024

SUBJECT: **BID NO. 2022-176 - ANNUAL CONTRACT FOR FITNESS CLASSES  
AND PERSONAL TRAINER SESSIONS - HUMAN RESOURCES -  
MIND BODY PLAY PLLC - EXERCISE SECOND AND FINAL  
OPTION FOR RENEWAL - SAME FIRM FIXED PRICES**

**\*\*\* CONSENT AGENDA \*\*\***

**COMMISSIONERS COURT ACTION REQUESTED**

It is requested that the Commissioners Court approve renewal of Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for the second and final optional twelve (12) month renewal period to Mind Body Play PLLC at the same firm fixed prices.

**BACKGROUND**

On August 30, 2022, the Commissioners Court, through Court Order #138973, awarded Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for Human Resources, to Mind Body Play PLLC.

The award was based upon low bid meeting specifications and contained options to renew for two (2) additional twelve (12) month periods.

On July 18, 2023, the Commissioners Court, through Court Order #141301, approved the first renewal option.

The vendor provides eleven (11) group fitness classes and four (4) personal trainer sessions weekly across three (3) County locations (Public Health, Plaza Building, and Resource Connection), which are open to any County employee. Classes consist of strength training, Zumba, yoga, and circuit training. All instructors through the vendor are certified through an accrediting body, equivalent to the industry standard set by the American College of Sports Medicine. Throughout FY 2024, the average attendance was 11.28 participants per class/session.

The vendor notified Purchasing in writing that their prices will remain firm through September 30, 2025. Human Resources notified Purchasing in writing that they are pleased with the vendor and wants to renew.

Therefore, it is the joint recommendation of Human Resources and Purchasing that the Commissioners Court approve renewal of Bid No. 2022-176, Annual Contract for Fitness Classes and Personal Trainer Sessions, for another twelve (12) month period.

SUBMITTED BY:	Purchasing	PREPARED BY: APPROVED BY:	Amos Jones Chris Lax, CPSM, CPSD, CPCP
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### **FISCAL IMPACT**

Expenses for last year were approximately \$36,120.00. The County's future costs will be determined by the services provided on an as-needed basis. Funding is available in account T0500-2025 Section 125 Forfeitures/1914900000 Wellness Program/579062 Health Promotion Program.